

SLICED AVOCADO

NO ARTIFICIAL COLOURS, FLAVOURS OR ADDITIVES.



Create menus that are full of colour and flavour but with less preparation time, no mess and no waste.

New Fresh Farms Sliced Avocado meal suggestions include breakfast favourites - Avo & toast, big breakfast & vege brekkies as well as salads, wraps and pizzas.

PRODUCT DETAILS

INGREDIENTS

99% Avocado. Preservative (223)

STORAGE INSTRUCTIONS

Individually Quick Frozen.
Store Below 18°C.
Use within 4 days of opening.

PACKAGING SPECIFICATIONS

Individual Bags: 1 kg
Carton: 6 x 1 Kg Bags

NUTRITIONAL INFORMATION

Serves per pack: 33.33 Serving Size: 30g

AVERAGE QUANTITY	PER SERVING	PER 100G
Energy	255kJ (39 Cal)	851 kJ (130 Cal)
Protein	0.5 g	1.6 g
Gluten	Not Detected	Not Detected
Fat, Total	6 g	19.8 g
Cholesterol	0 mg	0 mg
Carbohydrate	1 g	5.0 g
Dietary Fibre	0.3 g	1.1 g
Sodium	7 mg	22 mg